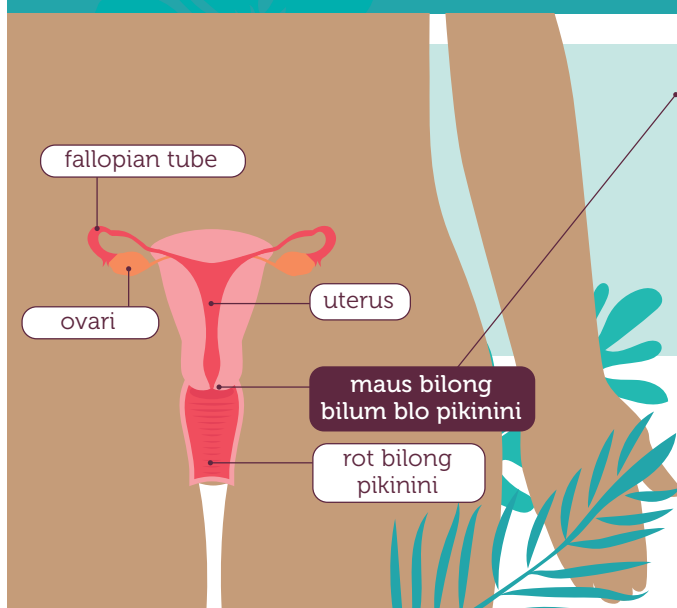


helt bilong yu long bihain taim bilong yu

**Mekim wanpela sekap long
sik long maus bilong bilum
bilong pikinini**



Maus bilong bilum bilong pikinini em wanem samting?

Maus bilong bilum bilong pikinini em lain bilong kamapim pikinini. Em i stap antap long rot bilong pikinini na em i joinim rot bilong pikinini wantaim bilum bilong pikinini.

HPV em wanem samting?

Human Papillomavirus (HPV) em wanpela kain binatang i save kalap long wanpela igo long narapela long pasin bilong bungim bodi, na tu long bungim bodi skin tu skin. HPV em i nambawan as bilong sik kensa long maus bilong bilum bilong pikinini.

Sik kensa long maus bilong bilum bilong pikinini em wanem samting?

Sik kensa long maus bilong bilum bilong pikinini em i wanpela bikpela sik. **Long taim sik kamap nupela long en, bai ino igat ol sain bilong sik.** Ol sekap bilong sekim sik long maus bilong bilum bilong pikinini inap painimaut long ol senis wea iken kamapim sik kensa.

Dispela sekap inap halivim long abrusim bagarap.

Wanem taim yu mas mekim sekap?

Sapos yu gat 25 pela krismas o winim na yu bin bungim bodi pinis, makim wanpela taim wantaim wanpela dokta o nes long mekim sekap.

Yu mas **mekim wanpela sekap bilong sekim sik long maus bilong bilum bilong pikinini long olgeta faiv-pela krismas** inap yu i gat 74 pela krismas. Maski sapos as bilong laspela sekap bilong yu i gutpela, yu mas kisim wanpela toksave tok bilong toksave long yu long mekim narapela sekap.

HPV banis sut em wanem samting?

Long Australia, igat wanpela banis sut i helpim ollain long lukautim ol long HPV.

Olgeta sumatin, na ol pikinini man tu, long greid 7 ol inap kisim wanpela banis sut bilong HPV. Sapos yu wanpela papamama o wasman, yu bai kisim

wanpela pas bilong putim hanmak na salim i go bek long skul sapos yu laik bai pikinini bilong yu i kisim dispela banis marasin. Dispela banis sut bai halivim long banisim pikinini bilong yu long HPV taim em stat long mekim ol pasin bilong bungim bodi o marit.

Sapos pikinini bilong yu i no kisim dispela banis sut long skul, em inap kisim fri inap em i gat 25 pela krismas. Sapos yu laik kisim dispela marasin olsem bikpela man, askim dokta bilong yu.

Sapos yu kisim HPV banis marasin, bai yu inap kisim yet wanpela sekap bilong sekim sik kensa taim yu gat 25 pela krismas, long wanem, dispela banis sut i ko save lukautim yu long olgeta kain HPV.

Dispela marasin i no igat bagarap, em i no save kamapim sik kensa, na em i no save kamapim hevi long ol kamapim pikinini.

Sekap bilong sekim sik long maus bilong bilum bilong pikinini em wanem samting?

Sekap bilong sekim sik long maus bilong bilum bilong pikinini i senisim Pap Smear. Dispela sekap em bilong HPV na yu ken mekim dispela sekap yu yet o wanpela dokta o nes iken mekim.

Dispela tes isave kamap kwik taim na i no gat **asua**. Sampela taim dispela inap mekim yu pulim nogut liklik, tasol i no nap pilim pen. Dispela i no mekim nogut long sait bilong yangpela husait ino bungim bodi yet.

Yu i ken:

- askim long wanpela **meri dokta o nes long halivim yu**
- askim long **wanpela bilong tanim tok**
- yu mas kisim wanpela pren o poroman o man bilong yu.

Taim yu mekim dispela sekap long sik long bilum bilong mama, dispela inap halivim yu long abrusim bagarap.

Planti lain husait save kisim sik kensa long maus bilong bilum bilong pikinini i no bin mekim wanpela sekap long sekim sik o ol i no bin mekim wanpela sekap insait long faiv pela krismas i go pinis.



Sekap long sik long maus bilong bilum bilong pikinini isave kamap olsem wanem?

Yu igat tupela laik.

Yu ken kisim sempol bilong yu yet, o dokta o nes bilong yu inap kisim sempol bilong yu. Dispela tupela rot bilong kisim sempol i stret na seif.

Dokta/Nes kisim long em

Long lukautim ol hait samting bilong yu, yu ken karamapim daunbilo bilong yu long wanpela laplap.

Dokta o nes bai putim wanpela patomaus igo insait long rot bilong pikinini.

Nau bai ol i yusim wanpela liklik malomalo bras long kisim wanpela piksa long rot bilong pikinini na salim i go long haus bilong testim.

Taim ol risalt i kamap, dokta o nes bai toktok wantaim yu. Sapos nogat, orait yu mas go long haus sik long sekim risalt bilong yu.



Sapos ol i askim yu long kam bek long wanpela taim, em i bikpela samting long yu go.

Yu yet kisim long em

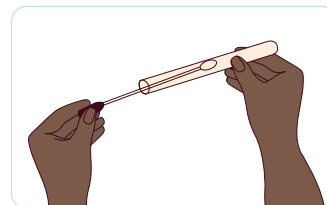
Dokta o sista bai givim yu wanpela hap stik na tokim yu long wanem samting long mekim.

Yu ken kisim sempol bilong yu long ples hait insait long haus sik o long toilet.

Rausim hap stik insait lo plastik bilong en na putim longpela hap liklik go insait long rot bilong pikinini.

Yu mas tanim tanim dispela lhap stik inap long 10-30 seken, na rausim na putim igo bek ken insait lo plastik bilong en.

Yu ken askim dokta o nes bilong yu long halivim yu long olgeta taim.



Ol meri husait i bin katim skin, ol iken inap askim long kisim dispela tes.



Nambawan banis long lukaut long sik kensa long maus bilong bilum bilong pikinini em long mekim wanpela sekap bilong skelim sik long olgeta 5-pela krismas.



Long wanem hap bai yu ken kisim fri sekap long sik long maus bilong bilum bilong pikinini?

- Ol dokta i save mekim wok long haus sik. Askim sapos ol i "peim olgeta hausik fi" (fri)
- Kominiti helt senta
- **True Clinic** - Brisbane, Ipswich, Toowoomba, Cairns and Rockhampton



Kontektim True Clinic lo Brisbane
07 3250 0200
clinicreception@true.org.au
true.org.au/clinic



Dispela wok bilong halivim ibin kamap long wok bung wantaim ol manmeri long kisim save long ol samting bilong ol yet, em i kamap long rot bilong wanpela lain bilong halivim ol manmeri long kisim save long ol samting bilong ol yet.



Queensland Government

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